

**Senior Seminar
Upward Bound
Summer, 2009**

Instructors: Ms. Shober
Ms. KA
Ms. HB

Location: Stroud 201, 2:30 – 3:50, M-R

Goals: This team-taught course seeks to reach the following goals in six weeks:

- ✓ To prepare current UB seniors for college life / life after college
- ✓ To assist current UB seniors in making smart decisions regarding college, careers, health and wellness.
- ✓ To allow current UB seniors the opportunity to work together in an effort to create a strong social bond / support system.

Grading:

The following will be important in determining your final grade in the course.

- Open discussion
- Completion of assignments
- Behavior during job shadowing
- Active attendance (see below)

Needless to say, if you refuse to speak during class, act like an idiot during your job shadowing, and if you don't bother to do the assignments, the highest grade you can hope to achieve is a D.

Active Attendance:

You are expected to participate actively in class. We learn best from each other and we learn the most from active discussion therefore the two are crucial in class.

“I didn't get that...”

If you're late and you miss part of the lecture, or if you're absent, it is your responsibility to contact your peers for the information and handouts you've missed. If you've contacted them and you still have questions, see your instructor. Don't expect us to track you down.

Grading/Evaluation:

This is up to the individual Senior Seminar instructor. We'll clarify in class...

Late Assignments:

If you're not in class the day homework is due, we will accept it the day you return. However, we will not accept it two weeks' past due because it's simply not fair to the others in the class who manage to complete their work on time.

Cheating and Plagiarism Policy:

You're guilty of it if you:

- Use unauthorized material during a test or exam.
- Provide or receive unauthorized assistance on a test or exam.
- Practice any form of deceit in an exam, test, assignment or paper
- Buy, sell, improperly obtain, or use any tests or exams in advance of their administration.
- Present as your own for academic credit any idea or works of another person without proper and customary acknowledgement and in a manner which represents the work to be your own.

If you're caught, you'll fail the course and risk program expulsion.

Classroom Etiquette:

No food or drinks in class unless you're bringing enough for all of us. If you will have to leave a class early, try to sit near a door so you don't disrupt things when you leave. If you are coming late, slink in and look ashamed. Laugh politely at our jokes. If you don't understand something, ask. Be courteous to your fellow students and your instructors.

Week One

M 6/22 Course overview, syllabus review / Review finale / Defining success
Ms. S.

T 6/23 College: What size and how far away do I want?
Ms. KA

W 6/24 Contemporary issues in the workplace
Ms. S

Th 6/25 Money management / Field trip to the bookstore
Ms. HB

Week Two

M 6/29 20/20 // The House We Live In
Ms. S

T 6/30 Hidden Rules: What are they, Who determines them? How do we use them?
Ms. KA

W 7/1 Cover letters / resumes
Ms. S

Th 7/2 No classes – July 4th holiday

Week Three

M 7/6 Mock interviews / thank you letters
Ms. S

T 7/7 Bring all your college materials, let's review and select the top five!
Ms. KA

W 7/8 Dining etiquette / Personal appearance
Ms. S.

Th 7/9 Types of colleges, "real" vs. "for profit," etc.
Ms. HB

Week Four

M 7/13 College Project
Ms. S

T 7/14 NYC Trip – Make up class will be on Friday

W 7/15 TBA
Ms. S

Th 7/16 Registration for classes, extra curriculars, work study
Ms. HB

F 7/17 Creating Relationships that support you
Ms. KA

Week Five

M 7/20 "A Hidden America: Children of the Mountains"
Ms. S

T 7/21 College Essay, College Letters of Reference
Ms. KA

W 7/22 ESU Admissions Visit
Ms. S

Th 7/23 Time management and getting hit by the unexpected
Ms. HB

Week Six

M 7/27 Money Management
Ms. S

T 7/28 Ms. KA	Mentors, Role Models, Support Systems
W 7/29 Ms. S	Identity Theft: How to Play It Safe / Finale
Th. 7/30 Ms. HB	Course wrap up / final exam

Upward Bound
Summer, 2007
Junior Seminar

Instructors: Ms. Shober
Ms. KA
Ms. HB

Location: Stroud 203, M-R, 2:30 – 3:50

Goals: This team-taught course seeks to reach the following goals in six weeks:

- ✓ To assist current UB juniors in seeking potential careers
- ✓ To assist current UB juniors in seeking potential colleges.
- ✓ To assist current UB juniors in making smart decisions regarding college, careers, finances, health and wellness.
- ✓ To allow current UB juniors the opportunity to work together in an effort to create a strong social bond / support system.

Grading:

The following will be important in determining your final grade in the course.

- Open discussion
- Completion of assignments
- Active attendance (see below)

Needless to say, if you refuse to speak during class, act like a complete fool during class, and if you don't bother to do the assignments, the highest grade you can hope to achieve is a D.

Active Attendance:

You are expected to participate actively in class. We learn best from each other and we learn the most from active discussion therefore the two are crucial in class.

“I didn't get that...”

If you're late and you miss part of the lecture, or if you're absent, it is your responsibility to contact your peers for the information and handouts you've missed. If you've contacted them and you still have questions, see your instructor. Don't expect us to track you down.

Grading/Evaluation:

This is up to the individual Junior Seminar instructor. We'll clarify in class...

Late Assignments:

If you're not in class the day homework is due, we will accept it the day you return. However, we will not accept it two weeks' past due because it's simply not fair to the others in the class who manage to complete their work on time.

Cheating and Plagiarism Policy:

You're guilty of it if you:

- Use unauthorized material during a test or exam.
- Provide or receive unauthorized assistance on a test or exam.
- Practice any form of deceit in an exam, test, assignment or paper
- Buy, sell, improperly obtain, or use any tests or exams in advance of their administration.
- Present as your own for academic credit any idea or works of another person without proper and customary acknowledgement and in a manner which represents the work to be your own.

If you're caught, you'll fail the course.

Classroom Etiquette:

No food or drinks in class unless you're bringing enough for all of us. If you will have to leave a class early, try to sit near a door so you don't disrupt things when you leave. If you are coming late, slink in and look ashamed. Laugh politely at our jokes. If you don't understand something, ask. Be courteous to your fellow students and your instr

Week One

M 6/22 Course overview / syllabus / pre-test
Ms. HB

T 6/23 Alcohol and drugs
Ms. S

W 6/24 Definitions and Resources
Ms. KA

Th 6/25 Depression: Are you singing the blues?
Ms. S

Week Two

M 6/29 Who do I want to be when I get out of college? Where will I be?
Ms. HB

T 6/30 Money Management
Ms. S

W 7/1 Language and Our Story: how it impacts you daily
Ms. KA

Th 7/2 No classes / July 4th Holiday

Week Three

M 7/6 HOW much did you say this would cost me? – After College Expenses
Ms. HB

T 7/7 Completing the ESU application / Writing the application essay
Ms. S

W 7/8 Hidden Rules: What are they, Who determines them? How do we use
Ms. KA them?

Th 7/9 Alcohol and drugs
Ms. S

Week Four

M 7/13 The Baby-oh-Baby lecture
Ms. HB

T 7/14 NYC Trip – Make up class will be on Friday

W 7/15 Breaking the Barriers: role models, mentors, support systems
Ms. KA

Th 7/16 Your career path
Ms. S

F 7/17 How college effects family dynamics
Ms. S

Week Five

M 7/20 Your vision and the price tag attached to it. Final project is due today.
Ms. HB

T 7/21 Harassment / The Story We Tell
Ms. S

W 7/22 Creating Relationships that support you
Ms. KA

Th 7/23 “A Hidden America: Children of the Mountains”
Ms. S

Week Six

M 7/27

Ms. HB

Someone May Be Watching: MySpace and Facebook

T 7/28

Ms. S.

Alcohol and drug presentations

W 7/29

Ms. KA

Conclusion/Wrap Up Where do we go from here?

Th. 7/30

Ms. S

Relationships / What Happens Now That UB is Over?